Boundary Audit & Agency Sort

Return to your workbook case and extend it through boundaries, internal authority and agency.

Name _____ Date _____ Case _____

1 · Boundary Audit

For each category, note where the line is now, where it was before (if it has shifted), and how it moved or became established.

Boundary	Where the line is now	Where it was before	How it moved / was set
Time			
Role			
Information			
Emotional			
Physical / material			
Conduct			

2 · Internal Authority — SEE

Three moments where the client's own perception was discounted — by others or by themselves — and what you might say to help them reconnect with it.

Where their perception was discounted	What a practitioner might say

3 · Agency Sort — UNDERSTAND

Sort every element of the client's situation into one of three columns.

What can I control?	What can I influence?	What is not mine?

4 · Options for Choice — CHOOSE & PARTICIPATE

At least six options, from least active to most active.

#	Option	What it asks of their boundaries	How it draws on internal authority

Add this analysis to your case-mapping portfolio. The choice remains the client's.